

30. Pfingsthalbmarathon Weeze

Ergebnisliste AK 5 km Jedermann

| Pl. | Pl. ges. | Name | Jahrg. | Genus | Verein | Startnr. | Zeit |
|-------------|----------|------------------------|--------|-------|-----------------------------|----------|-------|
| w. Jugend B | | | | | | | |
| 1 | 37 | Hendricks, Anne | 1991 | w | SV Viktoria Winnekendonk | 275 | 21:37 |
| 2 | 49 | Stevens, Theresa | 1997 | w | GSV 09/34 Geldern | 750 | 22:01 |
| 3 | 55 | Neumann, Jessica | 1993 | w | FC Viktoria Alpen LA | 553 | 22:20 |
| 4 | 63 | Funke, Vera | 1991 | w | Leichtathletik Nütterden | 194 | 22:48 |
| 5 | 91 | van De Loo, Susanne | 1992 | w | VfB Alemannia Pfalzdorf | 797 | 24:14 |
| 6 | 92 | Haberscheidt, Michelle | 1994 | w | (Essen) | 248 | 24:21 |
| 7 | 107 | Elsenbruch, Clara | 1996 | w | SV Viktoria Goch | 163 | 25:01 |
| 8 | 126 | Küstlers, Linn | 1992 | w | VfB Alemannia Pfalzdorf | 453 | 25:52 |
| 9 | 144 | Krott, Carolin | 1999 | w | SV Viktoria Goch | 432 | 26:58 |
| 10 | 152 | Schnell, Laura | 1998 | w | TSV Weeze | 685 | 27:21 |
| 11 | 168 | Hülsmann, Lena | 1992 | w | VfB Alemannia Pfalzdorf | 343 | 28:23 |
| 12 | 185 | Schramm, Johanna | 1993 | w | TV Goch | 952 | 29:56 |
| 13 | 192 | Hettmer, Lena | 1997 | w | Marathon Dinslaken | 289 | 30:38 |
| 14 | 193 | Mott, Katharina | 1993 | w | SV Viktoria Winnekendonk | 538 | 30:42 |
| 15 | 217 | Breiding, Shanice | 1994 | w | VT 1895 Kempen | 94 | 32:31 |
| 16 | 222 | Bodden, Maike | 1995 | w | SV Viktoria Goch | 76 | 33:09 |
| 17 | 225 | Röpke, Kim-Alina | 1993 | w | Reitverein Diana Diersfordt | 640 | 33:54 |
| 18 | 226 | Grotenhuis, Imke | 2000 | w | SV Viktoria Goch | 238 | 34:14 |

w. Jugend A

| | | | | | | | |
|---|-----|--------------------|------|---|-------------------------|-----|-------|
| 1 | 85 | Maiworm, Jana | 1989 | w | VfB Alemannia Pfalzdorf | 497 | 24:00 |
| 2 | 102 | Leistikow, Rosanna | 1990 | w | GSV 09/34 Geldern | 466 | 24:49 |
| 3 | 111 | Hürter, Claudia | 1990 | w | GSV 09/34 Geldern | 347 | 25:09 |
| 4 | 121 | Hermens, Lara | 1989 | w | TSV Weeze | 284 | 25:37 |
| 5 | 132 | Hey, Isabelle | 1990 | w | VfB Alemannia Pfalzdorf | 299 | 26:11 |
| 6 | 142 | Wennekers, Linda | 1989 | w | VfB Alemannia Pfalzdorf | 861 | 26:43 |

Frauen

| | | | | | | | |
|---|-----|----------------------|------|---|--------------------------|------|-------|
| 1 | 51 | Reynders, Jutta | 1987 | w | Kevelaerer SV 1890/1920 | 629 | 22:03 |
| 2 | 69 | Denissen, Maria | 1985 | w | VfB Alemannia Pfalzdorf | 1403 | 23:02 |
| 3 | 88 | Steckel, Astrid | 1982 | w | VT 1895 Kempen | 743 | 24:05 |
| 4 | 118 | van der Laak, Louise | 1981 | w | Euro Roadrunners | 986 | 25:28 |
| 5 | 120 | Bruning, Katrin | 1982 | w | (Krefeld) | 108 | 25:32 |
| 6 | 149 | Mai, Nicole | 1983 | w | DJK VFL Forstwald | 496 | 27:05 |
| 7 | 175 | Hahues, Genevive | 1988 | w | KSV LWT Kevelaer | 1413 | 29:03 |
| 8 | 218 | Panczak, Tatjana | 1984 | w | SV Viktoria Winnekendonk | 580 | 32:34 |
| 9 | 228 | Rouenhoff, Julia | 1986 | w | SV Viktoria Goch | 645 | 34:17 |

W30

| | | | | | | | |
|---|-----|--------------------|------|---|------------------------|-----|-------|
| 1 | 166 | Hammermann, Sandra | 1977 | w | Lauffreunde HADI Wesel | 997 | 28:08 |
| 2 | 233 | Leuschner, Daniela | 1978 | w | laufseminare-in- | 472 | 40:15 |

W35

| | | | | | | | |
|---|-----|------------------|------|---|--------------------------|------|-------|
| 1 | 128 | Brenda, Heike | 1969 | w | TV Goch | 985 | 25:59 |
| 2 | 137 | Theisen, Bettina | 1969 | w | Moerser TV | 1415 | 26:19 |
| 3 | 160 | Meier, Claudia | 1969 | w | SV Viktoria Goch | 505 | 27:46 |
| 4 | 191 | Hettmer, Andrea | 1970 | w | Marathon Dinslaken | 287 | 30:28 |
| 5 | 195 | Ter Horst, Katja | 1972 | w | SV Viktoria Winnekendonk | 763 | 30:48 |
| 6 | 196 | Pelzer, Claudia | 1970 | w | TV Goch | 590 | 30:51 |
| 7 | 212 | de Goey, Maria | 1970 | w | GHSV Weeze | 132 | 31:58 |

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| Pl. | Pl. ges. | Name | Jahrg. | Genus | Verein | Startnr. | Zeit |
|-----|----------|-----------------|--------|-------|-----------|----------|-------|
| 8 | 214 | Henkemeyer, Pia | 1969 | w | TSV Weeze | 280 | 32:02 |

W40

| | | | | | | | |
|----|-----|-------------------------|------|---|--------------------------|------|-------|
| 1 | 16 | Komowski, Johanna | 1967 | w | LG Mülheim | 410 | 19:37 |
| 2 | 36 | Wellmanns, Birgit | 1968 | w | TV Goch | 857 | 21:26 |
| 3 | 48 | Nass, Martina | 1967 | w | Leichtathletik Nütterden | 1000 | 22:01 |
| 4 | 131 | Thimm, Gitti | 1968 | w | SV Viktoria Goch | 769 | 26:09 |
| 5 | 150 | Geffroy, Jutta | 1966 | w | Marathon Dinslaken | 200 | 27:19 |
| 6 | 161 | Götz, Bärbel | 1965 | w | Turnverein Goch | 1450 | 27:48 |
| 7 | 162 | Verwayen, Renate | 1965 | w | VfB Alemannia Pfalzdorf | 827 | 27:49 |
| 8 | 163 | Winkel, Rosa | 1964 | w | LT Issum TurboSchnecken | 883 | 27:55 |
| 9 | 176 | Willems, Heike | 1964 | w | SV Viktoria Goch | 1439 | 29:05 |
| 10 | 181 | Skroch-Kösters, Sabine | 1966 | w | LG Alpen | 724 | 29:33 |
| 11 | 184 | Elsenbruch, Susanne | 1968 | w | (Goch) | 164 | 29:56 |
| 12 | 186 | Holz, Doris | 1968 | w | (Weeze) | 330 | 29:58 |
| 13 | 198 | Peters, Karin | 1967 | w | TV Goch | 1429 | 30:52 |
| 14 | 208 | van Ooyen, Anja | 1968 | w | LT Wetten | 815 | 31:42 |
| 15 | 211 | van Der Steen, Bianca | 1968 | w | TSV Weeze | 802 | 31:57 |
| 16 | 220 | Breiding, Silke | 1968 | w | VT 1895 Kempen | 95 | 32:46 |
| 17 | 224 | Joosten-Bodden, Claudia | 1967 | w | SV Viktoria Goch | 379 | 33:26 |

W45

| | | | | | | | |
|----|-----|---------------------|------|---|--------------------------|------|-------|
| 1 | 38 | Vlenterie, Jeanette | 1959 | w | LG Arcen Lomm Velden | 1428 | 21:43 |
| 2 | 56 | Naß, Elisabeth | 1962 | w | DJK Hüthum-Borghees | 546 | 22:22 |
| 3 | 94 | Drop, Gabi | 1962 | w | VfB Alemannia Pfalzdorf | 147 | 24:30 |
| 4 | 97 | Jansen, Rita | 1962 | w | Gebrauchshunde SV Weeze | 358 | 24:32 |
| 5 | 159 | Krott, Elisabeth | 1962 | w | SV Viktoria Goch | 435 | 27:38 |
| 6 | 171 | Gertlowski, Agnes | 1962 | w | SV Viktoria Winnekendonk | 208 | 28:52 |
| 7 | 177 | Schlossarek, Andrea | 1962 | w | SV Viktoria Winnekendonk | 1438 | 29:05 |
| 8 | 178 | Janßen, Margret | 1962 | w | SV Viktoria Winnekendonk | 370 | 29:06 |
| 9 | 180 | Wehren, Anita | 1963 | w | VfB Alemannia Pfalzdorf | 849 | 29:23 |
| 10 | 189 | Fischer, Marlene | 1962 | w | KSV LWT Kevelaer | 176 | 30:03 |
| 11 | 197 | Schramm, Marion | 1963 | w | | 950 | 30:51 |
| 12 | 210 | Gipmans, Maria | 1961 | w | LT Wetten | 218 | 31:52 |
| 13 | 216 | Weinert, Lucie | 1961 | w | SV Viktoria Goch | 1468 | 32:23 |
| 14 | 230 | Schriever, Andrea | 1961 | w | LT Solingen | 701 | 34:27 |
| 15 | 231 | Billion, Mathilde | 1961 | w | KSV LWT Kevelaer | 66 | 36:20 |
| 16 | 232 | Moll, Karin | 1961 | w | Viersener TV | 527 | 38:40 |

W50

| | | | | | | | |
|----|-----|---------------------------|------|---|--------------------------|------|-------|
| 1 | 45 | Skodinsky, Gisela | 1958 | w | Homberger TV | 723 | 21:59 |
| 2 | 62 | Mellinghoff, Elke | 1956 | w | Homberger TV | 510 | 22:45 |
| 3 | 70 | Weinhold, Jutta | 1958 | w | SV Viktoria Goch | 855 | 23:03 |
| 4 | 73 | Makein-Hoenselaar, Esther | 1957 | w | SV Viktoria Goch | 498 | 23:18 |
| 5 | 87 | Raith, Doris | 1958 | w | Leichtathletik Nütterden | 1404 | 24:05 |
| 6 | 155 | Böhmer, Angelika | 1957 | w | Laufftreff Dürerstraße | 81 | 27:31 |
| 7 | 202 | van der Laak, Liesbeth | 1954 | w | | 980 | 31:10 |
| 8 | 205 | Unterberg, Bärbel | 1956 | w | LG Alpen | 784 | 31:27 |
| 9 | 219 | Leunk, Anne | 1958 | w | TSV Weeze | 914 | 32:37 |
| 10 | 223 | Naber, Anne | 1958 | w | LG Coesfeld | 544 | 33:18 |

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|--------------------|----------|----------------------|--------|-------|--------------------------|----------|-------|
| W55 | | | | | | | |
| 1 | 46 | Hoschke, Traudel | 1951 | w | Homberger TV | 990 | 21:59 |
| 2 | 146 | Schlegel, Angelika | 1952 | w | Laufftreff Wesel 130 | 954 | 26:59 |
| 3 | 157 | Pohl, Gaby | 1951 | w | LG Alpen | 608 | 27:32 |
| 4 | 200 | Kloß, Anneliese | 1950 | w | Lauffreunde HADI Wesel | 404 | 31:02 |
| 5 | 201 | Oymann, Inge | 1951 | w | LG Alpen | 579 | 31:08 |
| 6 | 207 | van Der Waals, Thea | 1953 | w | LOGO Geldrop Nederland | 804 | 31:33 |
| 7 | 215 | Arts, Renie | 1950 | w | PSV Eindhoven | 946 | 32:11 |
| 8 | 221 | Wielenga, Ine | 1952 | w | (Boxmeer NL) | 874 | 32:55 |
| 9 | 229 | Voß, Gertrud | 1951 | w | SV Viktoria Goch | 832 | 34:17 |
| W60 | | | | | | | |
| 1 | 187 | Hülßen, Karola | 1948 | w | KSV LWT Kevelaer | 340 | 30:01 |
| 2 | 204 | Schreurs, Marlies | 1946 | w | SV Viktoria Goch | 699 | 31:26 |
| 3 | 213 | Wilczek, Eva | 1946 | w | BSG Hilden | 877 | 32:02 |
| W70 | | | | | | | |
| 1 | 173 | Seidel, Edeltraud | 1936 | w | Laufftreff Wesel 130 | 922 | 28:54 |
| m. Jugend B | | | | | | | |
| 1 | 2 | Konstanczak, Dominik | 1992 | m | VfB Alemannia Pfalzdorf | 1424 | 17:47 |
| 2 | 18 | Küsters, Hagen | 1992 | m | VfB Alemannia Pfalzdorf | 452 | 19:58 |
| 3 | 26 | Joosten, Sören | 1994 | m | GSV 09/34 Geldern | 378 | 20:48 |
| 4 | 27 | Hermens, Fabian | 1994 | m | Turn-u.Spielv. Weeze | 1456 | 20:54 |
| 5 | 28 | Ernst, Daniel | 1993 | m | FC Viktoria Alpen LA | 168 | 20:56 |
| 6 | 29 | Wennekers, David | 1994 | m | VfB Alemannia Pfalzdorf | 860 | 20:57 |
| 7 | 30 | Neumann, Sebastian | 1993 | m | FC Viktoria Alpen LA | 555 | 20:58 |
| 8 | 31 | Hendricks, Steffen | 1995 | m | SV 1919 Sonsbeck e.V. | 278 | 21:00 |
| 9 | 39 | van Leuven, Dominik | 1991 | m | TSV Nieukerk 95/10 | 812 | 21:46 |
| 10 | 53 | Weyermanns, Alex | 1994 | m | TSV Weeze | 865 | 22:10 |
| 11 | 64 | Helmreich, Rene | 1994 | m | FC Viktoria Alpen LA | 269 | 22:51 |
| 12 | 71 | Drißen, Lukas | 1993 | m | SV Viktoria Winnekendonk | 145 | 23:07 |
| 13 | 72 | Rademacher, Daniel | 1994 | m | Lauffreunde HADI Wesel | 615 | 23:18 |
| 14 | 74 | Mayers, Till | 1992 | m | FC Viktoria Alpen LA | 981 | 23:24 |
| 15 | 76 | Eckermann, Levy | 1995 | m | VfB Alemannia Pfalzdorf | 154 | 23:32 |
| 16 | 81 | Hettmer, Michael | 1995 | m | Marathon Dinslaken | 290 | 23:54 |
| 17 | 86 | Esche, David | 1994 | m | Fortuna Düsseldorf | 967 | 24:03 |
| 18 | 90 | Classen, Andre | 1992 | m | GHSV Weeze | 123 | 24:07 |
| 19 | 98 | Stenmans, Thomas | 1992 | m | SV Viktoria Winnekendonk | 747 | 24:32 |
| 20 | 101 | Köhler, Timo | 1993 | m | FC Stoppenberg LT | 407 | 24:41 |
| 21 | 106 | Reuter, Jakob | 1995 | m | SV Viktoria Goch | 627 | 24:59 |
| 22 | 110 | Meier, Thorben | 1998 | m | SV Viktoria Goch | 508 | 25:08 |
| 23 | 114 | Meier, Tobias | 1996 | m | SV Viktoria Goch | 509 | 25:21 |
| 24 | 115 | Thimm, Norman | 1999 | m | SV Viktoria Goch | 770 | 25:21 |
| 25 | 117 | Krott, Claudio | 1997 | m | SV Viktoria Goch | 434 | 25:25 |
| 26 | 119 | Laakmann, Henning | 1996 | m | TSV Nieukerk 95/10 | 454 | 25:31 |
| 27 | 125 | Opgenhoff, Stefan | 1993 | m | KSV LWT Kevelaer | 569 | 25:50 |
| 28 | 130 | von Der Höh, Fynn | 2000 | m | TSV Weeze | 830 | 26:03 |
| 29 | 138 | Stahlmann, Jonas | 1993 | m | Tus Uedem | 736 | 26:27 |
| 30 | 140 | Helpenstein, Jonas | 1994 | m | GHSV Weeze | 272 | 26:39 |
| 31 | 148 | Jöhring, Jan Lukas | 1994 | m | Gerscheder SV Essen | 1464 | 27:04 |

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| Pl. | Pl. ges. | Name | Jahrg. | Genus | Verein | Startnr. | Zeit |
|-----|----------|-------------------|--------|-------|-------------------------|----------|-------|
| 32 | 151 | Recha, Kristoffer | 1999 | m | SV Haldern | 622 | 27:20 |
| 33 | 153 | Hey, Dominik | 1993 | m | VfB Alemannia Pfalzdorf | 298 | 27:25 |
| 34 | 158 | Müller, Janik | 1997 | m | SV Viktoria Goch | 542 | 27:37 |
| 35 | 169 | Broeksteeg, Lukas | 1993 | m | KSV LWT Kevelaer | 100 | 28:26 |
| 36 | 174 | Beulen, Jan | 1994 | m | KSV LWT Kevelaer | 58 | 28:58 |
| 37 | 183 | Ophey, Marc | 1995 | m | (Kevelaer) | 572 | 29:50 |
| 38 | 188 | Billion, Tim | 1994 | m | KSV LWT Kevelaer | 68 | 30:03 |

m. Jugend A

| | | | | | | | |
|---|----|---------------------|------|---|-------------------------|-----|-------|
| 1 | 3 | Heuvens, Hendrik | 1990 | m | Kevelaerer SV 1890/1920 | 295 | 17:52 |
| 2 | 5 | Schäfer, Florian | 1989 | m | VfL Merkur Kleve | 651 | 18:02 |
| 3 | 23 | Meier, Jens | 1989 | m | VfB Alemannia Pfalzdorf | 507 | 20:25 |
| 4 | 33 | Mölders, Jan | 1989 | m | SuS 1920 Grün-Weiß | 522 | 21:10 |
| 5 | 34 | Fritz, Christian | 1989 | m | TV Goch | 191 | 21:13 |
| 6 | 78 | van De Sand, Robert | 1989 | m | SSV Lüttingen | 798 | 23:41 |

Männer

| | | | | | | | |
|----|-----|-----------------------|------|---|--------------------------|------|-------|
| 1 | 8 | Bachmann, Matthias | 1983 | m | Niederkamper Lauffreunde | 1460 | 18:56 |
| 2 | 21 | van Dongen, Christian | 1983 | m | TSV Weeze | 805 | 20:18 |
| 3 | 24 | Wenzel, Martin | 1986 | m | VfB Alemannia Pfalzdorf | 862 | 20:36 |
| 4 | 25 | Staymann, Dirk | 1984 | m | LG Alpen | 1432 | 20:41 |
| 5 | 32 | Schröter, Karsten | 1981 | m | (Straelen) | 702 | 21:04 |
| 6 | 40 | Haesters, Danny | 1981 | m | VfL Bergheide | 252 | 21:48 |
| 7 | 44 | Achten, Johannes | 1988 | m | (Uedem) | 1469 | 21:58 |
| 8 | 54 | Heiming, Jan | 1982 | m | TV Goch | 1430 | 22:11 |
| 9 | 95 | Drop, Christian | 1986 | m | VfB Alemannia Pfalzdorf | 146 | 24:31 |
| 10 | 100 | Mölders, Daniel | 1987 | m | just 4 fun Wesel | 520 | 24:39 |
| 11 | 167 | Kotters, Daniel | 1986 | m | (Goch) | 424 | 28:09 |

M30

| | | | | | | | |
|---|-----|-------------------|------|---|-------------------|------|-------|
| 1 | 1 | Mölders, Dave | 1976 | m | LV Marathon Kleve | 521 | 16:53 |
| 2 | 15 | Boekholt, Stephan | 1978 | m | ASV Humbert | 78 | 19:37 |
| 3 | 60 | Verberk, Geert | 1974 | m | | 1472 | 22:37 |
| 4 | 129 | Seyen, Herbert | 1974 | m | | 1470 | 26:00 |

M35

| | | | | | | | |
|---|-----|----------------------|------|---|-----------------------------|------|-------|
| 1 | 4 | Düngelhof, Klaus | 1971 | m | SV Viktoria Winnekendonk | 151 | 17:54 |
| 2 | 84 | Koth, Sascha | 1973 | m | SV Viktoria Winnekendonk | 422 | 24:00 |
| 3 | 89 | Bockhorn, Franz | 1970 | m | SV Viktoria Goch | 938 | 24:07 |
| 4 | 103 | Hüsgen, Thomas | 1970 | m | | 1454 | 24:53 |
| 5 | 104 | Schmitz, Swen | 1971 | m | KSV LWT Kevelaer | 680 | 24:55 |
| 6 | 116 | Peters, Paul | 1971 | m | Vitesse '08 / afd. Atletiek | 598 | 25:25 |
| 7 | 136 | Schönenborn, Karsten | 1973 | m | laufseminare-in- | 693 | 26:17 |
| 8 | 164 | Roth, Reinhold | 1973 | m | (Duisburg) | 643 | 28:05 |
| 9 | 203 | Jost, Enrico | 1972 | m | SV Viktoria Goch | 380 | 31:25 |

M40

| | | | | | | | |
|---|----|--------------------|------|---|-------------------------|------|-------|
| 1 | 7 | Janssen, Jochen | 1968 | m | TV Goch | 366 | 18:23 |
| 2 | 9 | van Rossum, Ron | 1964 | m | | 1463 | 19:01 |
| 3 | 10 | Stahlmecke, Thomas | 1968 | m | Triminators TV Voerde | 1443 | 19:07 |
| 4 | 12 | Storm, Uwe | 1965 | m | VfB Alemannia Pfalzdorf | 752 | 19:22 |
| 5 | 13 | Franke, Ron | 1964 | m | Lauffreunde HADI Wesel | 184 | 19:28 |

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|-----|----------|----------------------|--------|-------|----------------------------|----------|-------|
| 6 | 14 | Winkel, Stefan | 1967 | m | TV Goch | 884 | 19:33 |
| 7 | 22 | Matle, Hans-Peter | 1964 | m | Eintracht Duisburg 1848 e. | 930 | 20:20 |
| 8 | 57 | van Leuven, Werner | 1964 | m | SC Delphin Geldern | 814 | 22:34 |
| 9 | 66 | Fritz, Uwe | 1964 | m | DJK Twisteden | 192 | 22:56 |
| 10 | 67 | Hammermann, Benedikt | 1966 | m | Lauffreunde HADI Wesel | 998 | 22:59 |
| 11 | 80 | Drißen, Georg | 1966 | m | SV Viktoria Winnekendonk | 144 | 23:48 |
| 12 | 82 | Gravendyk, René | 1967 | m | (Goch) | 231 | 23:55 |
| 13 | 139 | Planner, Jörg | 1967 | m | Singgemeinschaft Akzente | 604 | 26:31 |
| 14 | 179 | Ricker, Hans | 1965 | m | KSV LWT Kevelaer | 634 | 29:08 |
| 15 | 227 | Grotenhuis, Karl | 1964 | m | SV Viktoria Goch | 239 | 34:14 |

M45

| | | | | | | | |
|----|-----|----------------------|------|---|--------------------------|------|-------|
| 1 | 6 | Krebber, Theo | 1960 | m | TV Goch | 428 | 18:10 |
| 2 | 19 | Stortelder, Carel | 1959 | m | SV Vitesse '08 | 753 | 20:01 |
| 3 | 20 | Artz, Frans | 1959 | m | olympus | 29 | 20:16 |
| 4 | 35 | Barsch, Ulrich | 1959 | m | Homberger TV | 39 | 21:21 |
| 5 | 42 | Kühnen, Hans.wilhelm | 1959 | m | TSV Weeze | 442 | 21:54 |
| 6 | 47 | Winter, Wolfgang | 1961 | m | Turnverein Goch | 1412 | 22:00 |
| 7 | 50 | Arntz, Andre | 1961 | m | BV Sturm Wissel | 26 | 22:02 |
| 8 | 59 | Gertlowski, Gerd | 1960 | m | SV Viktoria Winnekendonk | 209 | 22:37 |
| 9 | 61 | Schatilow, Sergej | 1963 | m | Leichtathletik Nütterden | 654 | 22:44 |
| 10 | 68 | Welz, Harald | 1960 | m | Lauffreunde HADI Wesel | 996 | 22:59 |
| 11 | 79 | van den Berg, Jürgen | 1963 | m | GSV 09/34 Geldern | 958 | 23:44 |
| 12 | 96 | Ingenwerth, Detlef | 1961 | m | Bergfreunde Kleverland | 994 | 24:31 |
| 13 | 109 | Kettermann, Olaf | 1962 | m | TV Goch | 395 | 25:05 |
| 14 | 112 | Pfeiffer, Siegfried | 1959 | m | SV Viktoria Goch | 1434 | 25:11 |
| 15 | 135 | Meier, Georg | 1963 | m | SV Viktoria Goch | 506 | 26:15 |
| 16 | 154 | Helpenstein, Jochen | 1959 | m | GHSV Weeze | 271 | 27:29 |
| 17 | 172 | Aengenheyster, Guido | 1960 | m | KSV LWT Kevelaer | 17 | 28:54 |
| 18 | 209 | Gipmans, Ludger | 1960 | m | LT Wetten | 217 | 31:46 |

M50

| | | | | | | | |
|----|-----|-------------------------|------|---|----------------------------|------|-------|
| 1 | 11 | Franz, Manfred | 1958 | m | LG Hünxe | 185 | 19:18 |
| 2 | 17 | Raith, Manfred | 1956 | m | Leichtathletik Nütterden | 1405 | 19:53 |
| 3 | 41 | Keuten, Michael | 1958 | m | Marathon Dinslaken | 397 | 21:52 |
| 4 | 65 | Brabender, Klaus Jürgen | 1958 | m | Werricher Laufftreff | 91 | 22:53 |
| 5 | 77 | Reinhold, Volker | 1954 | m | Eintracht Duisburg 1848 e. | 626 | 23:33 |
| 6 | 93 | Brückner, Peter | 1956 | m | Leichtathletik Nütterden | 106 | 24:27 |
| 7 | 105 | Mölders, Ulrich | 1957 | m | just 4 fun Wesel | 524 | 24:58 |
| 8 | 108 | Schäfer, Wolfgang | 1958 | m | LV Marathon Kleve | 652 | 25:02 |
| 9 | 124 | Elbers, Heinz | 1957 | m | SV Viktoria Goch | 160 | 25:50 |
| 10 | 134 | von Der Höh, Jörg | 1958 | m | TSV Weeze | 831 | 26:14 |
| 11 | 143 | Wessels, Hans-Günter | 1954 | m | (Kevelaer) | 864 | 26:50 |
| 12 | 147 | Schlegel, Hans-Joachim | 1955 | m | BSV Grün-Weiß Wesel- | 955 | 26:59 |
| 13 | 156 | Grund, Helmut | 1958 | m | GHSV Weeze | 240 | 27:31 |
| 14 | 170 | Cox, Erwin | 1958 | m | KSV LWT Kevelaer | 127 | 28:43 |

M55

| | | | | | | | |
|---|----|---------------------------|------|---|----------------------------|-----|-------|
| 1 | 52 | Waschkowitz, Klaus-Dieter | 1953 | m | Eintracht Duisburg 1848 e. | 842 | 22:07 |
| 2 | 75 | Musiol, Norbert | 1953 | m | LG Alpen | 543 | 23:26 |
| 3 | 83 | Artz, Johannes | 1950 | m | SV Viktoria Goch | 30 | 23:58 |
| 4 | 99 | Oymann, Herbert | 1949 | m | LG Alpen | 578 | 24:35 |

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|-----|----------|----------------------|--------|-------|-------------------|----------|-------|
| 5 | 113 | Kautz, Günter | 1949 | m | SV Viktoria Goch | 939 | 25:17 |
| 6 | 122 | Ravens, Werner | 1950 | m | LG Alpen | 620 | 25:41 |
| 7 | 123 | Bendlage, Hans-Jakob | 1949 | m | TSV Kaldenkirchen | 53 | 25:45 |

M60

| | | | | | | | |
|---|-----|--------------------|------|---|--------------------|------|-------|
| 1 | 43 | Krautheim, Thomas | 1944 | m | TV Bad Groenenbach | 1458 | 21:56 |
| 2 | 58 | Schmitz, Wilhelm | 1946 | m | LG Alpen | 681 | 22:35 |
| 3 | 133 | Zemke, Udo | 1948 | m | LG Alpen | 905 | 26:12 |
| 4 | 145 | Schlösser, Herbert | 1945 | m | DJK VFL Forstwald | 668 | 26:58 |
| 5 | 182 | Nißing, Johannes | 1948 | m | Marathon Dinslaken | 1445 | 29:40 |

M65

| | | | | | | | |
|---|-----|---------------------|------|---|----------------------|-----|-------|
| 1 | 141 | Strack, Egon | 1939 | m | Marathon Dinslaken | 754 | 26:40 |
| 2 | 165 | Butzer, Klaus-Peter | 1943 | m | E.ON-Ruhrgas | 117 | 28:06 |
| 3 | 194 | Seidel, Herbert | 1939 | m | Laufftreff Wesel 130 | 918 | 30:43 |

M70

| | | | | | | | |
|---|-----|--------------------|------|---|----------------------|-----|-------|
| 1 | 127 | van Leuven, Hans | 1937 | m | TSV Weeze | 813 | 25:57 |
| 2 | 190 | Häuser, Rudolf | 1934 | m | BSV Grün-Weiß Wesel- | 262 | 30:08 |
| 3 | 199 | Brendemühl, Egbert | 1938 | m | Marathon Dinslaken | 98 | 31:00 |
| 4 | 206 | Meesters, Hans | 1935 | m | SV Viktoria Goch | 504 | 31:28 |

Anzahl: 233